

# EMBRACING THE Feminine

Women's tantric bodywork sessions



**What if your longing for deep and heartfelt connections could be realised?**

**Enter a sacred place where you can magnetise yourself for heart-opening, fulfilling and meaningful intimacy in all areas of your life.**

A woman's discontent arises from her knowing that there is more to feel and experience in her body, her heart, her relationships and her life. It can be difficult in today's society for woman to find the way to fulfilment and self-love, as her life has been geared towards external stimulation and the driven pursuit of masculine success.

**Through tantric breathwork and bodywork sessions, you will be supported to experience:**

- how self-love can open you to deeper fulfilment and connection
- an acceptance of the beauty and power in your feminine essence
- greater sensations and pleasure in your body
- how to open your heart and body to experience more meaningful sexual experiences with your partner
- creating new relationships which fulfil your heart's greatest desire
- restoring intimacy and connection in current relationships
- attracting a man who receives your feminine beauty.

**You will be given exercises to support you** in embracing your feminine power and deepening your sexual and sensual nature, whether you are single or in relationship.

These bodywork sessions are beneficial to all woman, regardless of age, relationship status and past experience in tantra.

**Practitioner: David Anderson**



David is a Tantric Blossoming facilitator who is passionate about working with women to create freedom from the past so they can experience wholeness, authenticity and clear expression for sexual and intimate relationships.

He uses tantra, energetic healing, rebirthing and breathwork to create sacred, nurturing and allowing sessions for women to transform. He has an incredible capacity to be present, bringing awareness, presence and compassion to his clients, wherever they are in life.

In David's words: "My intention for women is to be the heart space for love and intimacy. The self-loving, self-acknowledging, allowing beauty that radiates within a woman, which once stirred, ignites her into sensitivity, creation, passion, sexuality, softness, warmth and a fullness of the Heart that connects her to all she sees."

**What happens during a session?**

In a tantric bodywork session we begin with a discussion to understand your needs, so we can provide support and guidance to your specific circumstances. Following this, you lie down on a massage table and will be guided to breathe, feel and relax into your body. The practitioner will make contact with various points on your body to support you to:

- release previously held tension in the body
- feel your natural flow of energy
- experience all the feelings and sensations moving through you
- allow the natural expression of your body and voice
- and more.

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**Stay loving and present.** The confirmed truth that an emotional person needs love means we need to be loving to them. The best medicine for emotional symptoms is a big dose of love – simple, sweet and easy. It may happen that your love is not received right away, but if you remain patient, innocent and full of heart, love is an eternally healing force.

~Diana Richardson

Duration of sessions is 2 hours.  
Individual session price is \$275.  
Package of 6 sessions is \$1,375.

Please contact us if you have any questions about how we can support you, or to make a booking.

**tantric  
blossoming**  
bringing the heart back into tantra

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