



# Tantric Nights

## All Weekend Retreat

### Would you like to experience a *Tantric Nights All Weekend Retreat?*

An opportunity to stay in the community and connection space from Friday evening through to Sunday afternoon.

A weekend of bliss, fun, laughter and connection.

Time to really unwind and fully enjoy the activities.

#### What will the weekend include?

- ▶ active and silent meditations
- ▶ time in nature
- ▶ energetic polarity practices
- ▶ exploring masculine and feminine dynamics
- ▶ touch and massage exercises
- ▶ dancing and movement
- ▶ connecting with your body
- ▶ feeling love
- ▶ increasing sexual energy
- ▶ self enquiry
- ▶ fun, laughter, connection and beautiful company
- ▶ nutritious, delicious food and an idyllic setting

**Over the course of the weekend** you will be lead through various practices to support you in opening and feeling into your body. For those who are familiar with Tantric Blossoming practices you will be encouraged to step out of your comfort zone and go deeper into practices.

**There will also be some rest time** where you can enjoy the beautiful surrounds of Lilyvale in the Royal National Park, or visit Garie Beach, just ten minutes drive away.

**Two options.** We have created an alternate option for this retreat, so you can choose to stay at Lilyvale, bask in the surrounds for the whole weekend and embrace the group dynamic; or you can simply join us for the full day on the Saturday from 8am until approx 10.30pm.

**Fri 13 January** (7pm start) to  
**Sun 15 January** (4pm finish)

**Location:** Lilyvale, Royal National Park - 1 hour south of Sydney

#### Option 1:

**Attend the whole weekend.**

\$965 (\$880 if paid by 24 December).  
This includes accommodation and food and all workshop practices.

#### Option 2:

**Attend the Saturday only.**

\$465 (\$380 if paid by 24 December).  
This includes lunch and dinner and all workshop practices on Saturday, 8am until approx 10.30pm.



tel: 0438 271 637  
inspiration@tantricclossoming.com  
[www.tantricclossoming.com](http://www.tantricclossoming.com)