

Sacred Sexuality

an introduction for women



Sexual Energy is your Life Force Energy

Transform your life through an understanding and awareness of the spiritual sexual connection. Understand the longing of every woman's heart to connect more deeply with herself, friends and lovers.

In our time together you will learn how to:

- Embrace your sexuality as an essential ingredient for your health and wellbeing
- Connect more deeply with your sexual energy
- Explore the healing power of touch with friends and lovers
- Feel more vibrant and alive in your body
- Improve relating and communication with lovers
- Nourish your female friendships

Choose your own level of comfort and participation at the workshop. There is no sex, nudity or compulsory exercises.

- Investment** \$85 booked online or \$105 at the door
Date Tuesday, 21 February
Time 7pm-10.30pm
Venue 152 Victoria Rd, Bellevue Hill
Book online www.tantricblossoming.com follow the link to Calendar

Facilitator:
Alison Petrie



My intention is to open people to the beauty of who they are, beyond their perceived limitations. I love to empower people to live an authentic, vibrant life, bringing awareness to their interactions and assisting them to open to their highest potential. I am inspired to support men and women in having the freedom to live and express themselves fully, to heal the imbalances in the masculine and feminine, and to encourage loving relationships.

I came to Tantra as an extension of my personal and spiritual development, to bring spirituality into all areas of my life including sexuality and relationships, and to balance masculine and feminine within me. Tantra and relationships have been profound teachers for me. My key learnings have been self responsibility, respect and communication.

I offer women the gift of returning to their bodies, healing past traumas and gently opening the places where they have shut themselves down. Through Tantra I can support women to own their beauty, their feminine power and enjoy relationships and sexuality by rediscovering their amazing capacity for sexual pleasure.

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**tantric
blossoming**
bringing the heart back into tantra