

Sacred Sexuality

an introduction for women



Sexual Energy is your Life Force Energy

Transform your life through an understanding and awareness of the spiritual sexual connection. Understand the longing of every woman's heart to connect more deeply with herself, friends and lovers.

In our time together you will learn how to:

- Embrace your sexuality as an essential ingredient for your health and wellbeing
- Connect more deeply with your sexual energy
- Explore the healing power of touch with friends and lovers
- Feel more vibrant and alive in your body
- Improve relating and communication with lovers
- Nourish your female friendships

Choose your own level of comfort and participation at the workshop. There is no sex, nudity or compulsory exercises.

Investment \$85 booked online or \$105 at the door
Date Saturday 12 May
Time 1.30pm-5pm
Venue Red Hill, address provided on registration

Book online www.tantricblossoming.com follow the link to Calendar

Lilamani – 0407 391 163
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Facilitator:
Lilamani



My passion is assisting men and women to connect deeply with their authentic essence, wisdom and vibrant expression, for a more enriched and fulfilling experience of life. I am an experienced bodywork practitioner with over seven years dedicated to promoting balance and vitality within myself and within my clients. My background is in Tantric Bodywork and KaHuna Bodywork, and I am an accredited facilitator of Zen Thai Shiatsu Bodywork.

I have pursued my own deep transformative journey through Tantra, Sacred Sexuality and bodywork practices. During this time I have expanded my understanding and experiences of relating, sexuality and life, and increased my capacity to hold space for others in their transformation and self exploration.

Through my own journey I have come to understand the beauty, power and vulnerability of the feminine, and this has naturally flowed to having a strong desire to share with other women the ways and gifts of connecting with our feminine essence.

 **tantric
blossoming**
bringing the heart back into tantra