



Sacred Sexuality

– an introduction for men

A half-day workshop

Sexual energy is your life force energy

Empower your life through connecting more deeply with your sexual spiritual self.

Understand how staying present and dealing with the challenges of life, love and relating will support you to reclaim your masculine power and increase the potency of your whole life.

In this 3.5hr workshop you will learn how to:

- ▶ **enhance your sexual energy**
- ▶ **feel empowered in your sexuality**, an essential ingredient for your potency and wellbeing
- ▶ **explore the healing power of touch**, connection and sensuality
- ▶ **stay centred in relationships with women**, bringing clarity, direction and lovingness
- ▶ **improve relating and communication** with lovers

You will be given simple tantric practices which you can use in your daily life, alone or with a partner.

Choose your own level of comfort and participation at the workshop. There are no compulsory exercises or nudity.

This workshop is open to all men, regardless of age or relationship status.

Investment \$85 booked online or \$105 paid at the door
Date Wed 22 Feb | Wed 28 March
Time 7pm to 10.30pm
Venue 152 Victoria Rd, Bellevue Hill
Book online www.tantricblossoming.com and follow the link to Calendar



Facilitator:
David Anderson

David is a Tantric Blossoming facilitator who is passionate about working with men and women to create freedom from the past so they can experience wholeness, authenticity and clear expression for sexual and intimate relationships. He has an incredible capacity to be present, bringing awareness, presence and compassion to his clients, wherever they are in life.

In David's words, "My intention for men is to empower you to be the masculine man you know within, to heal your emotional pain so you can realise and be, in your power as man. Standing on the earth as a sexual being with your masculine energy and empowering yourself to use this energy. Enriching your life with love, connection, vulnerability, sex and any project you wish to create, explore and build within and without."

 **tantric
blossoming**
bringing the heart back into tantra

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