

An evening workshop

Sacred Sexuality

– an introduction for men



Sexual energy is your life force energy

Empower your life through connecting more deeply with your sexual spiritual self.

Understand how staying present and dealing with the challenges of life, love and relating will support you to reclaim your masculine power and increase the potency of your whole life.

In this 3.5hr workshop you will learn how to:

- ▶ **enhance your sexual energy**
- ▶ **feel empowered in your sexuality**, an essential ingredient for your potency and wellbeing
- ▶ **explore the healing power of touch**, connection and sensuality
- ▶ **stay centred in relationships with women**, bringing clarity, direction and lovingness
- ▶ **improve relating and communication** with lovers

You will be given simple tantric practices which you can use in your daily life, alone or with a partner.

Choose your own level of comfort and participation at the workshop. There are no compulsory exercises or nudity.

This workshop is open to all men, regardless of age or relationship status.

Investment \$85 booked online or \$105 paid at the door

Date Time Thurs 2 February
6.30pm to 10pm

Venue Redhill
(address provided on registration)

Book online www.tantricc blossoming.com
and follow the link to Calendar



Facilitator:
Lilamani

My passion is assisting men and women to connect deeply with their authentic essence, wisdom and vibrant expression, for a more enriched and fulfilling experience of life.

I am an experienced bodywork practitioner with over seven years dedicated to promoting balance and vitality within myself and within my clients. My background is in Tantric Bodywork and KaHuna Bodywork, and I am an accredited facilitator of Zen Thai Shiatsu Bodywork.

I have pursued my own deep transformative journey through Tantra, Sacred Sexuality and bodywork practices. During this time I have expanded my understanding and experiences of relating, sexuality and life, and increased my capacity to hold space for others in their transformation and self exploration.

 **tantric
blossoming**
bringing the heart back into tantra

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