



Heart Opening

for couples

Join us for this day of heart opening, reconnecting and loving tantric practices supporting you and your partner to reignite the magic in your relationship.

Many people fall into the routine of everyday life and forget to nurture their relationship. We will give you simple practices so you remember to **feel** each other, **laugh** together and **enjoy** loving connection everyday.

In this one day workshop, we will cover:

- ▶ authentic communication
- ▶ restoring polarity in your relationship
- ▶ creating heartfelt connections
- ▶ using touch for healing and reconnection
- ▶ appreciation for each other
- ▶ bringing gratitude, joy and feeling into your relationship.

Investment: \$490 per couple or \$460 if paid 14 days prior.

Includes a surprise gift and vegetarian lunch.

Next dates

For details of the next scheduled workshop in your area, contact Martina or visit the website.

Bookings

Tel: 0438 271637

or online at www.tantricrossoming.com



Martina Hughes

One of my greatest joys is supporting men and women to lead empowered lives. Over the last 10 years of working intimately with people, I have seen people transform all areas of their lives including sexuality, relationships, personal expression, health, vitality and wellbeing. I love to create feminine spaces of lovingness, compassion and receptivity for men and women to reclaim and realign with their own true, unique and loving essence.



Ben Dorratt

I am passionate about supporting men and women to reconnect with the innate wisdom which exists within us all. I have worked as a chiropractor for the last 8 years, supporting people to naturally restore the vitality of their physical body and at the same time sharing wisdom and practices which will support their emotional, mental and spiritual wellbeing.