



Being Man

Facilitator:
Martina Hughes



Martina Hughes lives for the joy of creating deep transformational spaces for men and women. She has combined her experiences of tantra, sacred sexuality, shiatsu, energetic healing, rebirthing and breathwork, Australian Bush Flower Essences with her own journey of self discovery to develop tools and practices which support you to awaken to your inner essence. Martina has been profoundly touched and awakened through the mentoring she has received from tantric master, Shantam Nityama, and has also been deeply inspired by the teachings of Osho.

Transformative tantric practices for men who desire real relating with women

Whether you are single, happy in your relationship or unhappy in your relationship, this course, will help you to understand women and to be able to connect more effectively, bringing out your best qualities and guiding you to connect with the essence of woman.

The more still a man is internally, the more attractive he becomes to women. Women desire a man who is able to bring a quality of inner peace, allowing her to feel safe to surrender and let go into her deepest feminine

In this course, we will cover the following:

- ▶ Discovering your internal place of stillness
- ▶ Communicating with women to bring out their best
- ▶ How to touch a woman so that she keeps coming back for more
- ▶ Use tantric practices to make deep and passionate love to a woman
- ▶ Understanding your own sexual energy and power
- ▶ Learning how to become multi-orgasmic
- ▶ Being clear on your priorities as a man
- ▶ Having healthy, fulfilling and loving relationships with women which meet your needs and allow for the space that you desire

Course program

Friday 12th Feb	7pm to 10pm	Practices to strengthen the masculine
Saturday 13th Feb	11am to 5pm	Connecting with women
Monday 15th Feb	7pm to 10pm	Women, life, relationships
Tuesday 2nd March	7pm to 10pm	Additional tips for life and relating

2 x ½ hour phone consultations with Martina

Cost: \$550 | Venue: Randwick, Sydney

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